

# Glamour

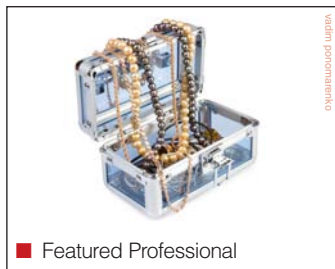
AT ITS LATEST

Gail Crowder, AICI - 301-646-1259  
www.glamouratitslatest.com

email: [gail@glamouratitslatest.com](mailto:gail@glamouratitslatest.com)



IMAGE CONSULTING ▶ WARDROBE PLANNING ▶ PERSONAL SHOPPING ▶ CORPORATE SEMINARS ▶ IMAGE REGENERATION TRAINING



## G.A.I.L.'s FASHION CLOSET



Welcome to Gail's Fashion Closet! We are so excited about 2009 and all the promises it holds for each one of us.

Gail's Fashion Closet is more than just another fashion newsletter or update. We want to put you in touch with not just fashion, but with some leaders and experts in many different fields and specialties who can teach us how to address some of the issues that we as women face on a daily basis in our lives.

This newsletter will hit your e-mail boxes in the middle of each month with new fashion updates and an article from an expert who will give additional tips. Just click on the "Featured Professional" link to the left and see what article awaits you. All to help you get started on your journey to becoming a better you.

Each icon along the left margin of the newsletter will lead you to information that is intended to be helpful, informative, or inspiring. Who can't use that extra "Aha!" in her life? Hot fashion tips will make it easy to keep you looking current, "hot," and appropriate for any occasion. The "Who's linked to Gail" can put you in touch instantly with many women whose expertise you can tap into. And we just mentioned "Featured Professional."

Glamour At Its Latest has a jam-packed year planned for 2009. We appreciate all your prayers and support so we can teach, touch and help transform the lives of women all over the United States that we come in contact with. We plan to go into the youth prison systems and into battered women's shelters with our newly formed non-profit "Aspire" by Glamour At Its Latest (G.A.I.L.).

Our newsletter will feature more details of the Aspire program. Hopefully you will be inspired to join in our new venture to improve the lives of women we don't even know yet. How exciting is that?

Thank you for welcoming our first newsletter into your e-mail box. We hope that you find this information an asset to your own everyday life. After all, we are all women. And who can't use some extra help now and then? It is when we give that we receive: A perfect circle – the circle of life, in all its manifestations.

Sincerely,

*Your Life, Your Style, Your Image*

- SIGN UP FOR G.A.I.L.'s FASHION CLOSET NEWSLETTER
- [CLICK HERE TO EMAIL US](#)

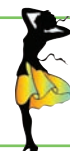
# what's hot - fashion tips



In Spring and Summer fashion tends to get a little more revealing; we blame it on the heat, and one's desire to show off. So in 2009 turn to the sheer / see-through trend to keep you cool yet sexy. 2009's sheer pieces are a mixture of the soft and feminine.

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FASHION CLOSET



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# who's linked



■ CHRISTEL O. RICHARDS

*Custom Made Books*

559-381-6479

## Healing Hands



■ KIM REED-BUTLER

*Owner and Stylist*

mskimsco@aol.com

240-354-3369

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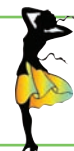
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# featured professional

## “Posture yourself for the right position”

In this tough economy with literally millions of people seeking new jobs, every applicant needs to present the best personal image possible. Even a slight advantage will make a huge difference in that ocean of resumes. Many people neglect an important area: their posture. Yes, you have sought wisdom from your image consultant on the proper attire to wear however the presentation of that perfect ensemble leaves much to be desired once your over-relaxed body is in it.

Picture this, the interviewer walks out into the reception hall to call the potential applicant only to find a well dressed woman or man on their cell phone carelessly sitting slouched in their seat either wildly swinging a crossed leg or legs widely opened. When the applicant rises, a clothing adjustment must take place to perfect the presentation. This may give the employer the perception that this appointment is unimportant to you or that you are impatient.

Picture perfect presentation shows the applicant sitting in his/her chair in an upright position looking forward or reviewing their resume. Legs are crossed at the ankles for women and slightly open for men. This applicant looks confident, alert and ready for an interview.

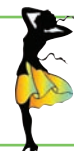
\*\*Future submissions will address how to correct impairments and muscular deficits in the body\*\*

*Joy Brown,PT*

*Physical Therapist and Human Resource Consultant*

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